

Shabbos Times

Friday, February 20

Candle Lighting: 5:23

Mincha/Maariv: 5:25

Shabbos, February 21

Parsha Shiur: 8:30

Shacharis: 9:00

Krias Shema: 9:29

Mincha/ Shalosh Seudos 5:15

Shekiah: 5:43

Nightfall: 6:25

Maariv: 6:45*

*There is no Gemara Shiur
this week.*

**Please note: Maariv will begin
a few minutes later than usual.*

Weekday Times

Shacharis

Daf Yomi: 8:00

Sunday: 8:30

Kollel Boker: 6:20

Monday & Thursday: 6:40

Tuesday, Wednesday

Friday: 6:45

Mincha

Sunday - Thursday: 5:30

Friday: 5:35

Candle Lighting next Shabbos:
5:31

Kiddush

A 'Taste of Brazil' kiddush is sponsored by Jeff and Rose Lonstein of Kosher City Eats as a thanks to Hashem for our new restaurant location.

Notes

Unfortunately, Moshe Katz will not be leading the davening in the morning (he is leading Friday night davening). That said — there will still be a beautiful davening and big Kiddush to look forward to!

Additionally, we're happy to offer rides home after Shabbos for anyone joining us for Shalosh Seudos and the musical Havdalah.

Please note: Maariv will begin a few minutes later than usual.

Looking forward to a meaningful and uplifting Shabbos together.

Upcoming Programs

February 20th-21st: Moshe Katz, a Hartzige Shabbos at BIOZ.

February 21: Girls Night: Bowling and Laser Tag!

March 1: Breakfast and Learn- The Rise of the Shul: Architecture, Atmosphere and Mechitzos.

February 26: Mother Daughter Program; Hamantash Bake.

March 7: Boys Night: Bowling and Laser Tag!

KIDS KORNER

KIDS' KABOLOS SHABBOS

All kids old enough to sit with their parents are invited to join us for kabalos shabbos and will receive a prize!

YOUTH GROUPS

Back on! Beginning @ 9:30 with Shevi Burr.

We encourage our boys to participate and lead the end of davening!

BI POINTS

Given out all Shabbos to all participating kids. Accumulate and earn great prizes!



MOSHE KATZ
 A hartzige Shabbos at BIOZ
MUSIC.
SIMCHA.
MEANING.

Shabbos Parshas Terumah	
Friday, February 20th	Shabbos, February 21st
5:25 pm Mincha	5:15 pm Mincha
5:40 Carlebach Kabbalas Shabbos	5:40-6:45 Shalosh Seudos*
8:30-10 Friday Night Oneg* for men at the Schon Residence: 1617 Solly Avenue	6:45 Maariv
	6:55 Musical Havdala

*A kumtitz accompanied by an elegant Shalosh Seudos spread
 *Divrei Torah, singing w/ sushi, cholent & kugel (for 5th Grade & up) No reservations necessary

M'SHULCHAN HAPARSHA - FRESH TORAH FOR YOUR SHABBOS TABLE

This Week, That Thought

Ah, the yearly flip of the switch. Yesterday was an ordinary Tuesday. Today is Marbim B'simcha, a time to increase our happiness.

I don't struggle with the idea that the Torah asks us to feel something. This isn't new. At various moments, the Torah calls upon our emotional world. The Torah does not only guide what we do, but it also shapes what we feel.

The challenge is that happiness is not one-dimensional. It comes in many forms, even contradictory ones. What feels like simcha to one person may seem like frivolity to another. One person's laughter may be another's distraction. One person's calm contentment may appear to someone else as heaviness or restraint.

Is simcha the satisfaction of what we've achieved, or the excitement of what we hope to become?
Is it something we build toward through reflection and preparation?
Or is it something we access by simply getting up and dancing?

When I think of simcha, I think of the quiet, radiant smile of Rav Shlomo Zalman Auerbach, a simcha that was not loud, but deeply alive. A joy rooted in Torah, in life itself, in meaning and possibility.

I don't need an amusement park or a thrill. I walk into a Shul, surrounded by friends. I have a Rabbi I respect and who cares about me and family by my side.

And in that moment, I have everything I need to be the happiest person in the world.

To sponsor or for comments/suggestions, email Rabbifedergrun@gmail.com.

Between the Lines

"Just as we enter the month of Av and reduce our joy, so, too, when Adar begins, we increase it."

The language is striking. The Gemara does not simply state that in Av we diminish simcha and in Adar we increase it. Instead, it links the two with a comparison. Just as we must feel one way in one month, so, too, we must feel the opposite way in another.

We find a similar formulation elsewhere. The Gemara teaches that just as we bless Hashem for the good, so, too, we bless Him for the difficult.

"Our culture has mistaken pleasure for happiness."
-Rabbi Abraham J Twerski

Rav Chaim Friedlander explains in Sifsei Chaim that these comparisons are meant to reveal a deeper unity. The same Hashgacha that brought about the joy of redemption is the Hashgacha that allowed the pain of destruction. They are not separate tracks of history but parts of a single unfolding plan. Without this awareness, we struggle to bless the difficult and fail to fully appreciate the good. Av and Adar are not merely opposites. They reflect different expressions of the same relationship with Hashem.

When we recognize that both challenge and celebration emerge from the same guiding hand, simcha itself becomes deeper. It is no longer limited to moments that feel overtly joyful, but can grow from an appreciation of the many blessings that often go unnoticed.



Pages of the Past

Rabbi Shimon Schwab once reflected on his upbringing under a disciplined and emotionally reserved father. Despite the lack of outward warmth, he identified two moments when he felt especially close to him.

The first followed an accomplishment he humbly chose not to detail. His father, typically restrained, responded with visible pride. In a rare display of affection, he embraced Rav Schwab, kissed him on the forehead, and expressed his approval. That brief moment of warmth created a deep sense of connection.

The second moment came after Rav Schwab made a mistake. His mother told him to wait for his father's return, leaving him fearful of the reaction to come. Yet his father said nothing. The silence stretched into Friday night. Perhaps he had been forgiven, Rav Schwab thought.

But before Kiddush, as the children lined up for their father's blessing, his father hesitated for a split second before turning to him.

Rav Schwab described the pain of that instant as searing. Yet it was also a moment of closeness. The hesitation hurt precisely because the relationship mattered. Sometimes, connection is felt most powerfully in its absence.



For the Table

- How does happiness show up in your life?
- And what moves you to deepen it?