

Shabbos Times

Friday, January 30

Candle Lighting: 4:58

Mincha/Maariv: 5:00

Shabbos, January 31

Shacharis: 9:00

Krias Shema: 9:41

Mincha/ Shalosh Seudos 4:50

Shekiah: 5:18

Maariv/Nightfall: 5:58

Their is NO Gemara or
Parsha Shuir this Shabbos

Weekday Times

Shacharis

Daf Yomi: 8:00

Sunday: 8:30

Kollel Boker: 6:20

Monday & Thursday: 6:40

Tuesday, Wednesday & Friday

6:45

Mincha

Sunday - Thursday: 4:30

Friday: 4:35

Candle Lighting next Shabbos:

5:07

Kiddush & Shalosh Seudos

Kiddush sponsorship is still available

Shalosh Seudos is sponsored by Rabbi and Mrs. Federgrun in honor of Rabbi Federgrun's siyum on Meseches Yevamos.

Upcoming Programs

January 31: Second Round of BIOZ's Chulent Bowl Competition!

February 12: Whisky and Wisdom- What Happened To My Beer? Is it Kosher?

February 17: L'Chaim Initiative - Lets Get Organized!

February 20th-21st: Moshe Katz, a Hartzige Shabbos at BIOZ

KIDS KORNER

KIDS' KABOLOS SHABBOS

All kids old enough to sit with their parents are invited to join us for kabolos shabbos and will receive a prize!

YOUTH GROUPS

Back on! Beginning @ 9:30 with Shevi Burr.

We encourage our boys to participate and lead the end of davening!

BI POINTS

Given out all Shabbos to all participating kids. Accumulate and earn great prizes!

MOSHE KATZ
A hartzige Shabbos at BIOZ

**MUSIC.
SIMCHA.
MEANING.**

**Shabbos Parshas Terumah
February 21**

Carlebach Kabbalas Shabbos
Inspiring Friday Night Oneg
Shalosh Seudos Kumzitz
Musical Havdala

SPONSORSHIP OPPORTUNITIES

Platinum Sponsor \$720
Gold Sponsor \$500
Silver Sponsor \$360
Bronze Sponsor \$180

biozshul.org/donate
or zelle: financebioz@gmail.com

Purim Together 5786

BIOZ Mishloach Manos Initiative

Join together with the greater Northeast Philadelphia community to send beautiful mishloach manos to your friends and neighbors!

How it works:

- Use your unique login code to choose your list.
- Send to as many families as you'd like - hassle free!
- Every family will receive a beautifully curated mishloach manos.
- Delivery will be arranged for all local member families.
- Your participation directly supports our shul!

Sign up to participate at: bit.ly/BIOZMMsignup
Deadline to opt-in: February 2, 2026
Deadline to order: February 16, 2026

SCROLL SPONSORSHIPS AVAILABLE! SIGN UP ONLINE!

A NO-COST WAY TO DONATE!



**JUST MENTION CODE
6130 AT CHECKOUT TO
DONATE 2% TO BIOZ**

M'SHULCHAN HAPARSHA - FRESH TORAH FOR YOUR SHABBOS TABLE

This Week, That Thought

A few weeks ago, I began receiving messages asking people to say Tehillim as a refuah for one of my children's Rabbeim from our years living in Orlando. Soon, the reason became clear. My children's Rabbi had been matched as a kidney donor, giving him the opportunity to save another person's life.

Through the organization Renewal, donors and recipients are paired to perform an extraordinary act of chesed, quite literally giving new life. The Rabbi and the recipient never met until after the surgery and recovery.

On the day of the surgery, both shared short videos. The Rabbi spoke about being inspired by kindness he once received, while the recipient, together with her family, tearfully described receiving the gift of life from a "random stranger" and expressed deep gratitude to the donor and to Renewal.

For me, it was deeply emotional—to see my children's Rabbi teach a lesson no classroom could hold, and to witness such gratitude and renewed hope, brought tears to my eyes and restored my faith in Klal Yisroel.



To sponsor or for comments/suggestions, email Rabbifedergrun@gmail.com.

Between the Lines

In Az Yashir, the pasuk states, "Nachisa b'chasdecha am zu ga'alta," with Your kindness You guided the nation You redeemed. The Tanna D'bei Eliyahu explains that this kindness refers to the agreement the Jewish people made in Egypt to conduct themselves toward one another with compassion and care.

The Chofetz Chaim explains that Klal Yisroel was enduring the unbearable decrees of Pharaoh, suffering that had reached its limit. Seeking relief from their torture, they resolved to increase their kindness toward one another, understanding that such behavior would awaken a response from Hashem, middah k'neged middah, that He would act toward them with overwhelming chesed. It was this chesed of Klal Yisroel, as highlighted in the Shira, that brought about Hashem's chesed and their redemption from slavery.

With this, the Chofetz Chaim explains the pasuk in Yirmiyahu, "Zacharti lach chessed ne'urayich," I remember the kindness of your youth. This refers to the kindness Klal Yisroel showed one another and the deep care that bound them together even in the darkest moments of exile.

"Whoever sustains a single soul, it is considered as though he sustained an entire world."
Mishnah

Interestingly, the Gemara teaches that whenever the word "Vayehi" appears, it signals a time of pain. What pain existed in "Vayehi beshalach Pharaoh es ha'am," when Pharaoh sent the Jewish people out? Rav Mordechai Eliyahu explains that the pain was Pharaoh's. The moment he realized the true value of the Jewish presence in his land, he was filled with regret and anguish for letting them go. Perhaps Pharaoh felt the loss of the chesed that defined Klal Yisroel, the kindness they showed one another, and it was this loss that left him in a state of pain.

Pages of the Past

Jewish history is filled with moments of extraordinary kindness, when one Jew gave not from comfort, but from self. While modern kidney donation is largely safe, our tradition preserves examples of giving that went even further, sometimes at great personal risk. Halachic sources debate whether one may endanger oneself to save another, yet history records those who chose to do so.

The Talmud Yerushalmi tells of a man taken captive. Reish Lakish declared, "I will go and save him, or I will die with him," and through his courage, both were saved.

The Meshech Chochmah notes, however, that when Hashem told Moshe to go down to Mitzrayim to save the Jews, He assured Moshe that his life was no longer in danger and those who sought his death were already gone. This implies that if Moshe's life had been at risk, he would not have been obligated to act.

Other examples include Gedolim who gave their clothing and shoes to the poor during the harshest winter months, leaving themselves with the bare minimum.

These stories remind us that the instinct to give of oneself at real personal cost is deeply Jewish. Kidney donors today continue that same legacy.



For the Table

- Chesed that breeds resentment is not true Chesed. The challenge is balancing self-giving with the risk of personal loss. How can one give fully without feeling burdened or bitter?
- In what ways can you stretch yourself, be it financially, physically, or with your time, to truly help others?